



LUCID LANE



OKLAHOMA COUNTY

Oklahoma County has partnered with Lucid Lane to provide tele-health services. All services are 100% covered. No cost to the member.

Private, Confidential and Secure



Pain Coaching

Tele-Counseling Pain Coaching via licensed counselors to improve your acute or chronic pain within 3-4 sessions. Whether you are recovering from a painful surgery or living with chronic pain, our pain program teaches you essential skills to regulate and manage your pain and recovery.



Medication Taper Management

Tele-Medicine treatment for safely tapering from opioids and benzodiazepines while helping improve your pain, mental health and withdrawal symptoms. Our licensed counselors will work in collaboration with your prescribing doctor and provide guidance on how to manage and taper your medications carefully and safely using evidence-based guidelines.



General Mental Health

Evidence-based approaches in structured, goal-oriented sessions. Our approaches include Cognitive Behavioral Therapy for sleeplessness, anxiety, depression, motivational education, and mindfulness to improve general mental wellness and emotional well-being.



Medication Assisted Treatment

A tele-medicine solution that provides FDA-approved medications for opioid and alcohol addiction. Medication for addiction treatment has the lowest relapse rate and helps people stop using opioids and alcohol with minimal physical discomfort. Lucid Lane's MAT improves your chances of recovery by 2x by using anti-craving medication like suboxone (buprenorphine) or naltrexone.

Call Us Today:
1-866-274-9962



<http://www.lucidlane.com/ok-county>

Contact: 1-866-274-9962 | Email: ok-county@lucidlane.com



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COUNTY

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Schedule Your First Appointment Today!



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Services Include



1x1 Individualized Counseling Sessions
4 Sessions Per Month



24x7 Access to On-Call Counselors



Hour-long Virtual Support Groups led by
Licensed Counselors.



Personalized Treatment Plans & Goal Setting



Web and Mobile App with 24x7 chat with your
therapist.



Website: <http://www.lucidlane.com/ok-county>