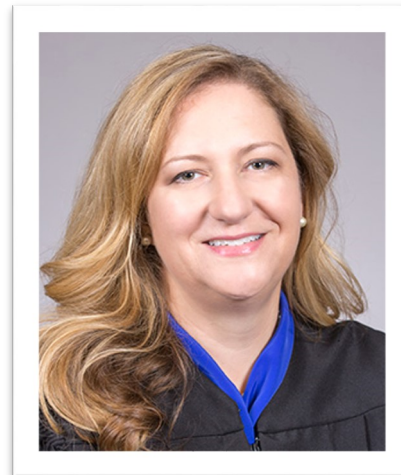




Farewell to Judge Trevor Pemberton &

Welcome aboard Judge Sheila Stinson



Oklahoma County Special Judge Sheila Stinson is an experienced civil litigator and trial attorney who has resolved hundreds of disputes on the Family and Domestic docket in Oklahoma County since she assumed the post in June 2017. Prior to this, Stinson was the owner and managing member of Stinson Law Group from 2014 to 2017 and served as an adjunct professor at Oklahoma City University School of Law from 2015 to 2017.

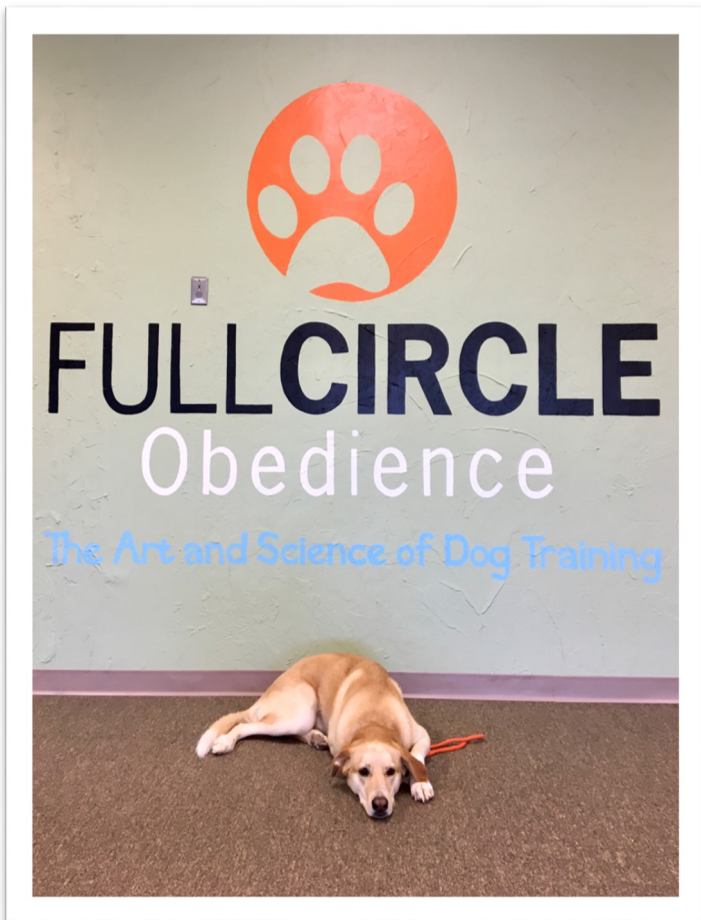
Stinson previously served as an associate attorney at Kirk & Chaney, PLLC and Walker, Ferguson & Ferguson. Stinson has also served as a law clerk for Judge Gary Lumpkin at the Oklahoma Court of Criminal Appeals.

Stinson is a member of the Oklahoma Bar Association, Oklahoma County Bar Association, Oklahoma Judicial Conference Board of Directors, Oklahoma Judges Association and University of Central Oklahoma Foundation Board of Trustees.

She is a recipient of a variety of honors and awards, including: Judge of the Year, Oklahoma Bar Association (Family Law Section); Beacon Award, Oklahoma County Bar Association Young Lawyers Division; Leadership in Law Award, Journal Record; Achievers Under 40 Award, Journal Record; and AV Rating, Martindale-Hubbell.

Stinson holds a Bachelor of Arts in Criminal Justice from the University of Central Oklahoma (1999) and a Juris Doctor from the University of Oklahoma College of Law (2002).

Simba the Therapy Dog



On Thursday, July 2, 2020, Simba passed his Therapy Dogs International (TDI) test at Full Circle Obedience.

Simba and his owner, Emily Fees, have been attending obedience classes since June 2019, working towards the goal of becoming a Therapy Dog for the youth served by the Oklahoma County Juvenile Bureau (OCJB).

Ms. Fees completed the written portion of the TDI in August 2020 and is patiently awaiting the results.

A special thank-you to the Arnall Family Foundation for supporting this journey to provide emotional and mental health benefits to the youth served.



New Employees

Probation Officers

Carrie Wyatt
Lonyai Redmond

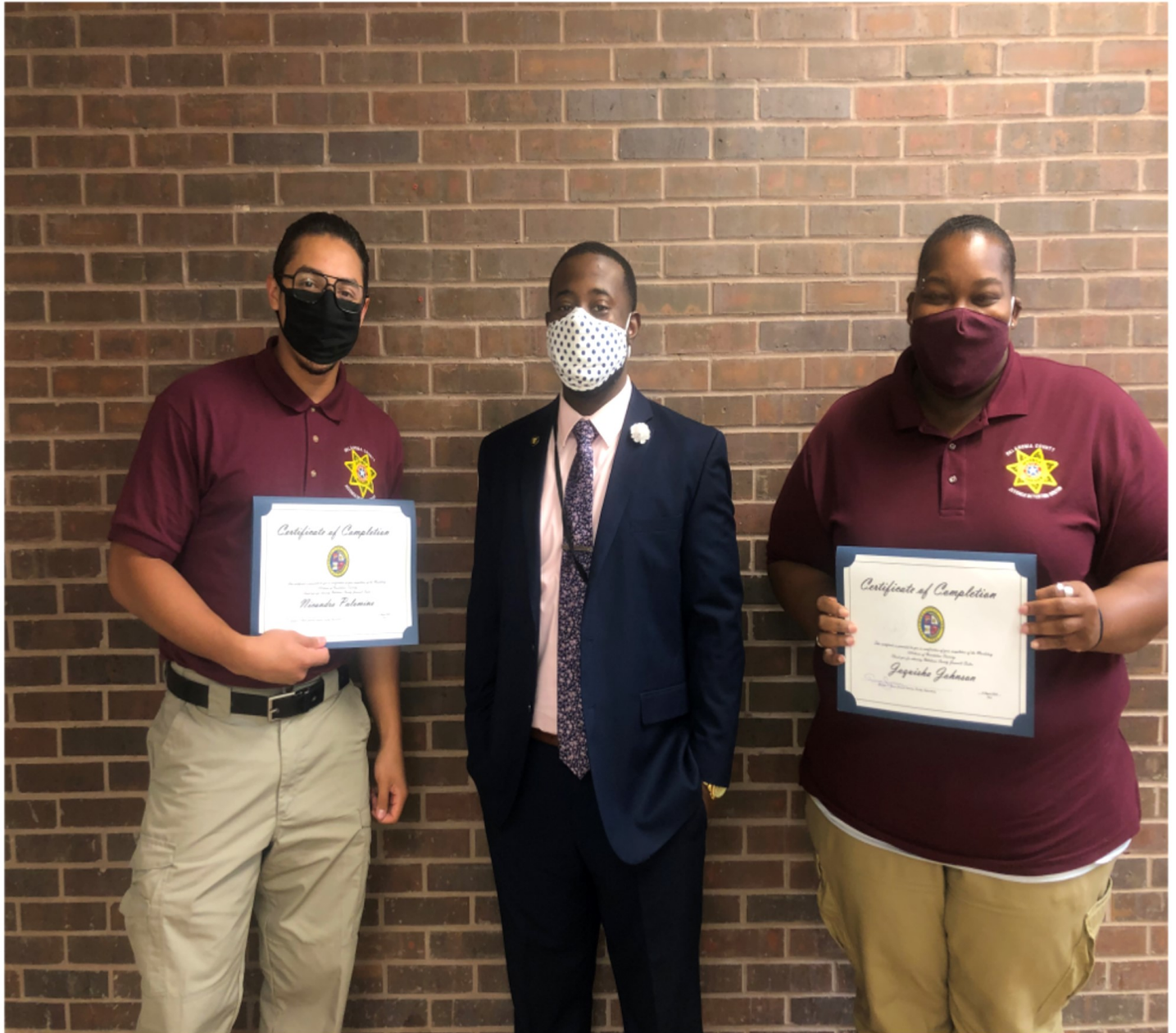
Culinary Specialist

Elizabeth McDowell

Detention Officers

Matthew Martin
Crystal Wash
Cynthia Lawson
Carrington Willis
Chasety Brown

New Detention Officers



Nicandro Palomino, Facility Administrator Tommy Brown, Jaquisha Johnson

New Detention Officers



Left to right: AFA Erin McConnell, Chasety Brown, Cynthia Lawson, AFA Kasandra West, Crystal Wash, Carrington Willis. **Not pictured:** Alana Sasso

DETENTION OFFICER OF THE MONTH JULY 2020



DETENTION OFFICER I, JESSIE ERLENBACH

Jessie Erlenbach also known as “Mr. Jae” to our residents and staff is originally from Riverside, California, where he attended John W. North High School. Jessie played basketball and football. His basketball skills awarded him a basketball scholarship to Ohio State College. After graduating from Ohio State, Jessie moved to Atlanta, Georgia and worked as a licensed insurance agent. He also lived in Portland, Oregon before moving to Oklahoma City. “Mr. Jae” decided to join the OCJDC because it has always been his dream to work as a juvenile counselor. He, himself, came from a troubled upbringing. He feels he would be able to offer some advice to our youth.

Detention Officer Erlenbach is always willing to go beyond the call of duty in assisting his supervisors and co-workers with any issues that may come up. Officer Erlenbach has established a good working rapport with not only his co-workers but with the residents. Officer Erlenbach is always on shift when scheduled, has had zero call-ins for the month of July and no time clock violations. Officer Erlenbach demonstrates a positive attitude, never complaining about his duties or shift assignments. He continues to show constant improvement, and is a valuable asset to detention.

Congratulations to Jessie Erlenbach for being Detention Officer of the Month for July 2020!

DETENTION OFFICER OF THE MONTH AUGUST 2019



DETENTION OFFICER II, HOWARD DAVIS

Howard Davis was born in Long Island, New York to a military family in April 17th 1975. At the age of 7 moved to Germany and then lived in England before coming to Oklahoma in 1988. D.O. Davis is a proud graduate of Carl Albert High school where he played football for the Titans. After graduating high school, he accepted a full ride scholarship to Grambling State University in Louisiana, where he played football for the great Eddie Robinson. D.O. Davis was awarded S.W.A.C. Offensive Tackle of the Year.

D.O. Davis made all of these great accomplishments while majoring in Mass Communications. He was a member of The Boy Scouts of America, and achieved the rank of an Eagle Scout. Some of Mr. Davis' hobbies are cooking and camping.

Congratulations to Detention Officer Howard Davis

Promotions



Congratulating **Jennae Hodge** on her promotion to Administrative Assistant in the Human Resources Department! We are so excited for her to join our team!

Hannah Dix

Congratulation to **Tatyana Shaw** on her promotion to Probation Officer in the Court Services Department. You really deserve it.

Erica Christner



Kudos To You

Kudos to **Ms. Clincy, Mr. Hayes, Ms. Rose, and Ms. Christner** for stepping up to run shift when we needed shift supervisor coverage!

Kudos to **Mr. Windham, Ms. Cabrera, Ms. Forkel, Ms. McJunkins, Mr. Spencer, Mr. Leintheu, Mr. Puente, Ms. Coleman, Ms. Hackett, Mr. Kirkley, Mr. Erlenbach, Ms. Cabrera,** and everyone else who helped out while we were shorthanded over the weekend.

Kudos to **Mr. Friar and Ms. Jackson** for taking on their new positions with enthusiasm.

Kudos to **Mr. Windham** for holding down YGS and showing our new activity coordinators the ropes while Ms. Harding and I were out early this month.

Erin McConnell

Kudos to **Antonio Windham** for being a team player and have been open to learn in his new position. I appreciate you and the help you have provided to YGS department. Welcome to the team and big Thank You for being great!

Delma Harding

Kudos to **Nicole Mullins** for being an remarkable supervisor. I admire your growth and can't wait to see your future successes!

Kudos to **Crystal Pierce**. I have seen you grow to be an amazing supervisor. Keep up the good work!

Jennea Hodge

Ms. Davis and Ms. Chism down in detention. They are always willing to help out with medication passes when medical is having staffing issues. I appreciate them more than they know and they are both the funniest and most pleasant people down here.

Shane Guinn, RN

Kudos to the **Business Department, Janitorial Staff, and the Maintenance Staff** for the remarkable jobs you all do.

Margie Byrd-Dean

Kudos To You

Kudos to **Heather Neunlist** for volunteering to stay late 2 different days to assist the contractor in installing the Lexan glass in the courtrooms.

Kudos to the **Executive Team** and others who joined me in celebrating my birthday. The pizza and your company were awesome!

J'me Overstreet

SPECIAL THANKS TO **J. MCJUNKINS AND S. TRUSS** FOR ALL THEIR HELP. MY (2) TWO GO TO GIRLS.

TO 7-3 SHIFT...THANKS FOR ALL THAT YOU ALL DO. WE APPRECIATE YOU.

TO ALL SUPERVISORS WHOM AS SHOWED ME NOTHING BUT LOVE...SINCE BEING ON 7-3. THANKS FOR ALL THAT YOU HAVE DONE.

Janet Clincy

Kudos to **Erin Pence** for being a team player and always ready and willing to tackle any task.

Thank you to **Elizabeth Vega** for being a team player and helping out whenever and wherever she is needed.

Crystal Pierce

Kudos to the **11-7 staff**. Your hard work has not gone unnoticed. Please know that I appreciate you.

Kudos to **7-3 and 3-11 shifts** for their hard work. I appreciate you.

"Teamwork makes the Dream work"

Shirley Walker





PREVENTION OF COVID-19



ALCOHOL GEL

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FACE MASK

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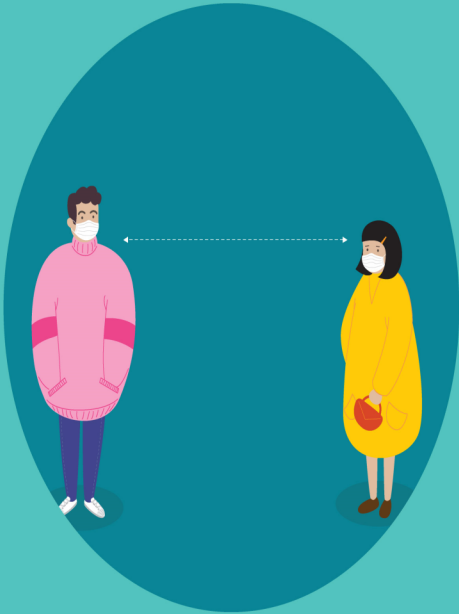


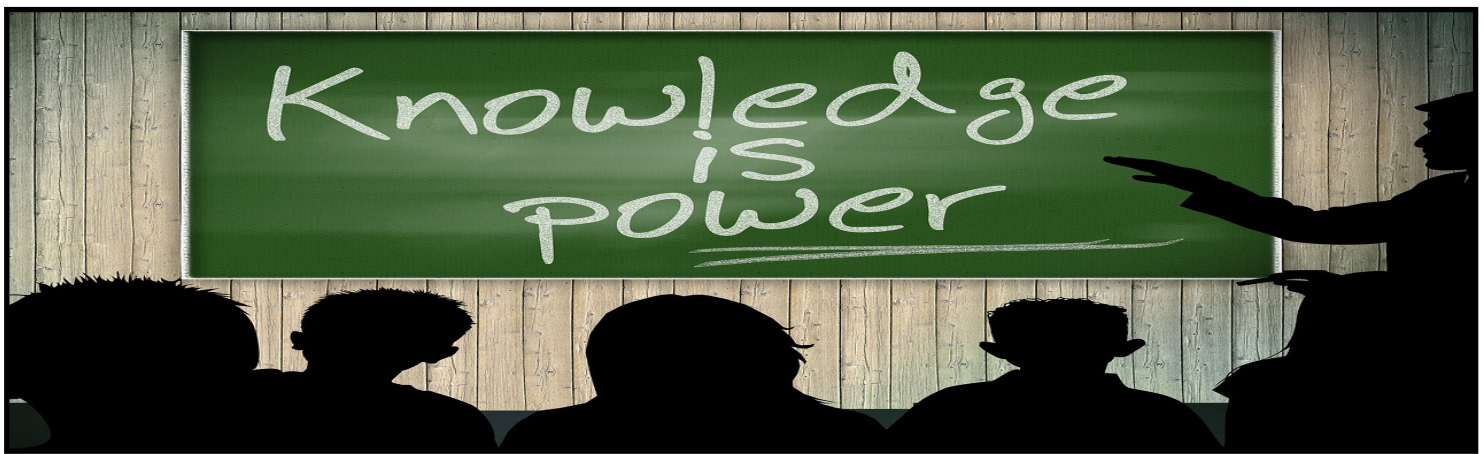
WASHING HANDS

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam

SOCIAL DISTANCING

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Due to the Covid-19 and social distancing, the training department will not be able to provide training opportunities that would normally be conducted with outside agencies. Therefore, each of you will need to complete your forty (40) hours of annual training through **watching videos, reading articles or books, and/or participating in free webinars**. Training hours will be determined on how much time is spent on each individual trainings you chose to complete. To receive training credit you will need to print the front page only of the video, article, book, or webinar and write a short summary to include the following:

Your name;
Date you completed the training; and
Time spent on completing the training
Short Summary

If you have any questions, feel free to contact me. Thanks,

Kim Tomes
Training Manager



Honey Garlic Shrimp



2	Large Oranges
1 tablespoon	Honey
2 tablespoons	Gluten-Free Sodium Soy Sauce (or reduced)
1 tablespoon	Unseasoned Rice Vinegar
1 tablespoon	Cornstarch
32	Jumbo Shrimp (peeled and deveined, 18 ounces total)
¼ teaspoon	Kosher Salt
add	Black Pepper (freshly ground)
1 tablespoon	Canola Oil (divided)
6 cloves	Garlic (minced)
1 tablespoon	Fresh Ginger (finely minced)
2	Scallions (whites thinly sliced, greens cut into 2-inch lengths)
½ teaspoon	Red Pepper Flakes
add	Rice (cooked, for serving)

Makes 4 serving



COOKING INSTRUCTIONS



Finely grate the zest from 1 orange, about 2 teaspoons.

Juice both oranges into a bowl (you should have about 3/4 cup).

Whisk in the honey, soy sauce, and vinegar with 1 tablespoon of water.

In a small bowl, combine the cornstarch with 1 tablespoon of the orange-soy mixture to form a paste, then stir that back into the bowl with the rest of the orange-soy mixture.

Pat the shrimp dry with paper towels and season both sides with salt and pepper.

In the largest skillet (or wok) you have, heat 1 teaspoon of the oil over medium high heat until shimmering-hot, almost smoking.

Add half of the shrimp, spread it out in one layer, and cook until the underside is bright pink, 1 to 1½ minutes. Flip and cook 1 minute more, then transfer the shrimp to a plate.

Repeat with another 1 teaspoon oil and shrimp. Set aside.

Add the remaining teaspoon of oil to the skillet. Add the garlic, ginger, scallion whites, and red pepper flakes and cook until fragrant, 30 seconds to 1 minute. Add the orange-soy liquid and the orange zest and cook, stirring, until thickened, 1 to 2 minutes.

Return the shrimp to the skillet, add the scallion greens, and toss to coat with the sauce.

Divide the shrimp among 4 bowls and serve with rice.



These People of Color Transformed U.S. National Parks

James Edward Mills the author of *The Adventure Gap: Changing the Face of the Outdoors*. He was named a Yosemite National Park Centennial Ambassador in 2016.

When I began exploring the outdoors, I had no idea that Black people had played a vital role in the creation of Yosemite, one of my favorite national parks. I had never heard the story of the park's connection with Charles Young and the Buffalo Soldiers, and when I finally did, at age 42, it came to me as a complete surprise.

In the 10 years since, I've learned the stories of Stephen Bishop and Mammoth Caves, Lancelot Jones and Biscayne Bay, and many other people of color who have influenced national parks. Their narratives have long been obscured or ignored by history.

One 2018 report indicates that Black Americans make up less than 2 percent of national park visitors; other studies estimate a higher percentage. Either way, as the National Park Service aims to increase visitation rates among Black Americans, the discovery of these narratives can go a long way toward affirming our place within the heritage and legacy of public land preservation

Interpreting and engaging

The National Park Service interprets a wide range of Black American history through 62 national parks and hundreds of sites dedicated to the celebration of our national heritage. "To inspire lasting connections, people need to see their history and culture represented in our nation's national parks and monuments," says National Park Service chief historian Turkiya Lowe, the first woman and the first Black American to hold that position.

"They also need to see the various ways that historical events have legacies and relevance to their current lives."

"When I came into the Park Service, there was minimal recognition of what Blacks have done," says Robert G. Stanton, who was recruited in 1962 to become one of the first Black seasonal rangers at Wyoming's Grand Teton National Park. In 1970 he became the first Black superintendent of a national park unit since Charles Young was stationed at Sequoia National Park in 1903.

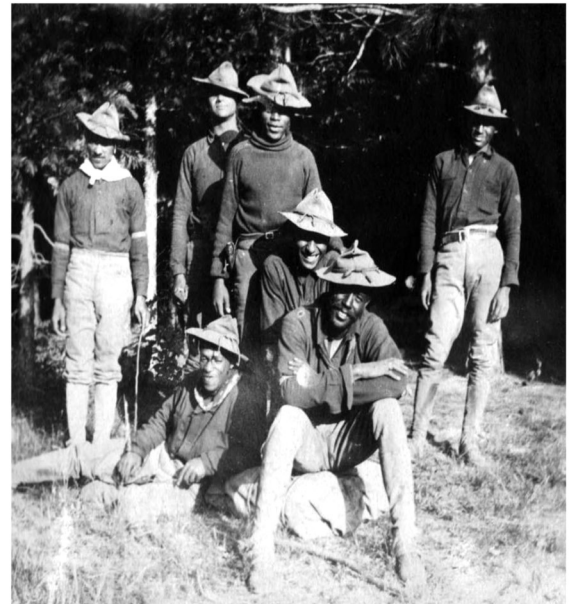
Later in his career, Stanton was charged with overseeing the monuments and historic sites east of the National Mall in Washington, D.C. His portfolio included the historic home of his personal hero, the abolitionist Frederick Douglass. In 1988, he was appointed the first Black director of the National Park Service; he retired as NPS director in 2001. "We still have a long way to go to capture the richness of our struggle and our contributions," he says.

"Additional stories will bring greater depth to the existing stories," Lowe says. "However, it is not the need for more stories within our national parks and programs, but continued outreach and engagement with these communities of color that stories already exist."

Buffalo Soldiers and beyond

"A hundred years ago there were more Africans or people of African descent in an official capacity in both Yosemite and Sequoia National Parks than there are today," says Shelton Johnson, one of the few Black park rangers currently stationed in Yosemite. "Charles Young was the first African-American superintendent of Sequoia National Park. But that's not been repeated."

Captain Charles Young was the third Black American to graduate from the military academy at West Point. As the commander of the 9th and 10th Cavalry Regiments of the United States Army stationed at the Presidio in San Francisco, he and his men were dispatched to protect the newly designated national parks at Yosemite and Sequoia. For three summers between 1903 and 1906, more than 400 members of the all-Black unit known collectively as the Buffalo Soldiers patrolled these areas, performing many of the same duties of today's national park ranger.



Then there's Stephen Bishop, a former slave credited with discovering and exploring many caverns at Mammoth Caves in central Kentucky. Even before the Civil War he led tourists on excursions through this natural labyrinth where he created the first maps and named many of its most recognizable features.

In 1933 a young naturalist of Hispanic descent named George Meléndez Wright was appointed the first chief of the National Park Service Wildlife Division. In hopes of restoring the parks to their natural state, Wright promoted the creation of policies that prohibited the feeding of bears and the killing of predators to encourage ecological balance. Before his death in a car accident in 1936, Wright conducted a four-year, self-financed study of animal diversity in the national parks, from Yosemite to the Everglades.

As an interpretive ranger at Lassen Volcanic National Park, in California, Selena LeMarr shared her Astugewi customs dressed in the clothing and beadwork of her ancestors. Beginning in 1952 she gave demonstrations of traditional basket weaving and food preparation for park visitors. Native peoples have a traumatic history of displacement by national park sites. LeMarr was among the earliest interpreters who made it her job to keep native customs and traditions alive.

Having inherited property on Biscayne Bay in the Florida Keys from his father, a former slave, the entrepreneurial Lancelot Jones launched a popular fishing guide and charter service for the many affluent visitors to the popular destination. But when developers attempted to buy up the surrounding land with the intention of creating an exclusive resort community, Jones worked to ensure that the environment remain as it was. His resistance helped to rally support for the creation of a national monument in 1968. Biscayne was eventually designated a national park in 1980.

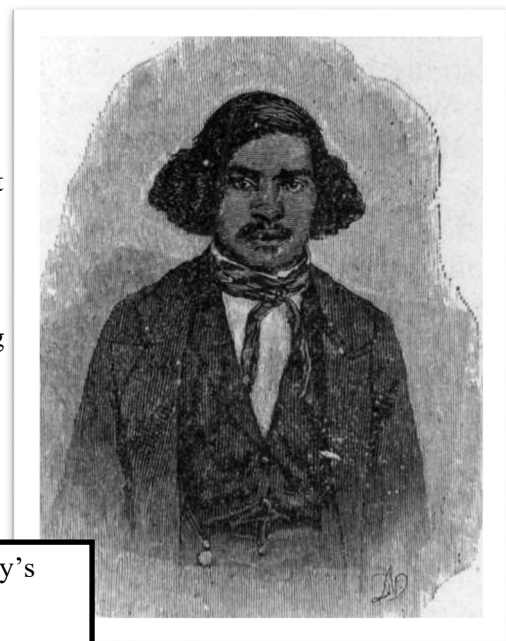
Other national park stories reach further back in history. Esteban de Dorantes, an enslaved man known as Estavenico, was a vital part of the 16th-century Coronado Expedition that explored the Colorado Plateau and what is now Coronado National Monument, in Arizona. At Castillo de San Marcos National Monument, exhibits illustrate the role of Black people in the founding of St. Augustine, Florida, almost 450 years ago. In the late 19th century, Maggie Lena Walker was the first African-American woman to found a bank, and her home in Richmond, Virginia, is now a national historic site.

For all Americans

In 2011 President Barack Obama designated Fort Monroe, Virginia, as the first national monument of his administration. The first Africans arrived in the British colonies of North America on this site as captive slaves in 1619. In this spot 242 years later—during the U.S. Civil War—three fugitive slaves fleeing the Confederate States turned themselves over to the Union Army on May 23, 1861. Thousands of runaways would take refuge here at what would become known as Freedom's Fortress. In addition to this monument and several natural heritage preserves, Obama designated 26 sites throughout his two terms of office, more than any president in U.S. history. Among these locations, the NPS now acknowledges the accomplishments of Harriet Tubman and the Underground Railroad, the Pullman porters, the Freedom Riders, and Charles Young and the Buffalo Soldiers.

"These sites honor the pioneering heroes, spectacular landscapes and rich history that have shaped our extraordinary country," President Obama said on March 25, 2013. "By designating these national monuments today, they will continue to inspire and be enjoyed by generations of Americans to come."

Obama went a step further when he issued a memorandum to NPS and other public land agencies in January 2017. Called "Promoting Diversity and Inclusion in Our National Parks, National Forests, and Other Public Lands and Waters," this document encourages parks stewards to advocate for a more inclusive and complete story of America, lobbies for including diverse voices in the decision-making process for new public lands and waters, and recommends increasing the number of outreach programs dedicated to providing better access for diverse communities. The presidential memorandum states, "As a powerful sign of our democratic ideals, these lands belong to all Americans—rich and poor, urban and rural, young and old, from all backgrounds, genders, cultures, religious viewpoints, and walks of life." With this sentiment, Obama gets to the heart of the enduring question, Why preserve wild lands? Because they belong to all of us.



In the mid-19th century, Stephen Bishop was a guide at Kentucky's Mammoth Cave who named and mapped many of its caverns.



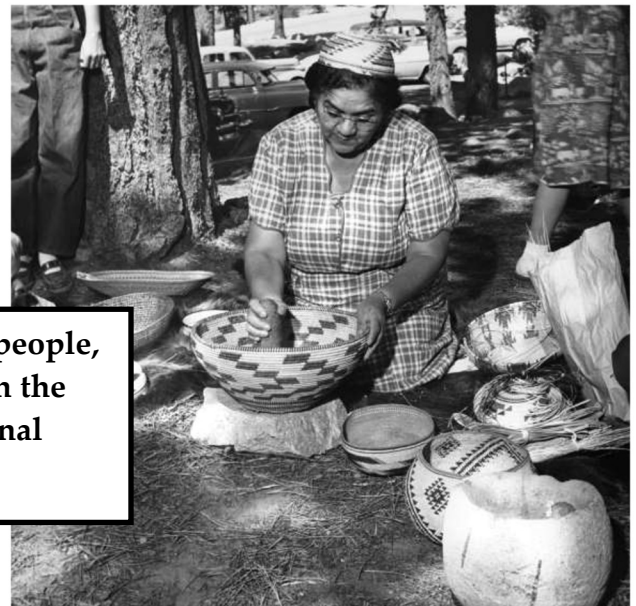
A former slave, abolitionist, and Underground Railroad leader, Harriet Tubman spent her final years in Auburn, New York, where her former residence is now a National Historical Park.



In an undated photo, a Pullman porter is shown at Chicago's Union Station. The Chicago neighborhood where the train steward trade originated is now a National Monument with historic exhibits and interpretive programs.



Early Black American business leader Maggie L. Walker founded a bank and fought for equality and women's rights in the late 19th and early 20th century. Her Richmond, Virginia, house is now a National Historic Site.



Selena LeMarr, a member of the indigenous Astugewi people, demonstrated cooking and basket-weaving traditions in the mid-20th century in California's Lassen Volcanic National Park.

Food For Thought

		L. E. T. S.	
L		“LEAD” By example	
E		“ENCOURAGE” One another	
T		“TREAT” Others the way you want to be treated	
S		“SIMPLY SMILE”	

By submitted by Mary Prince

Five Ways Technology Can Make You Sick

Panic attacks

Psychologists say they've noticed that a new condition called '[nomophobia](#)'—short for 'no-mobile-phone phobia'—is affecting more and more young people. Symptoms like anxiety and distraction occur when sufferers are separated from their phones and unable to check for updates. Researchers liken this condition to addictions such as gambling. Here's [how to know if you have nomophobia](#) without even knowing it.

Computer vision syndrome

Staring at a computer screen for hours at a time isn't doing your eyes any favors: doing so can lead to [computer vision syndrome](#), with symptoms including eyestrain, headaches, and blurred vision. To alleviate problems, try to reduce glare on your monitor, blink often, and take frequent breaks. Don't miss these [ways your screen time is affecting your productivity](#).

Texting thumb

Hand specialists have reported a rise in [tendinitis of the thumbs](#) due, they say, to an increase in cell phone and computer use. Warning signs of the condition include tingling or numbness. If you have an afflicted finger, help it heal by resting it or with physical therapy

Bad posture

Sitting in a hunched position at your desk all day can lead to back pain down the line—not good. To alleviate discomfort, try a [Thoracic Bridge](#) stretch

Cell phone elbow

One might fall victim to this ailment no matter how smart their phone is, but 'cell phone elbow' refers to a condition where people hurt an 'essential nerve in their arm by bending their elbows too tightly for too long,' according to [CNN](#). You might notice discomfort if you hold your phone next to your ear for a long conversation. Possible solutions? Switch hands, or use headphones with built-in mics or Bluetooth headsets.

Information You Can Use



National Weather Service Alerts

Spring is here and we're getting into the Tornado season for this area. It's important to review what the various National Weather Service alerts mean.

A Severe Thunderstorm Watch

That means that conditions are favorable for a severe thunderstorm in the area(s) covered under the watch.



A Severe Thunderstorm Warning

That means that a severe thunderstorm has been spotted in the area either visually or via Doppler Radar. This could mean high winds, lightning and heavy rain.

A Tornado Watch

That means the conditions are favorable for a tornado in the area(s) covered under the Tornado Watch. You do not need to take cover, but you should keep an eye on the conditions and stay near a radio/tv/weather radio.

A Tornado Warning

That means that a tornado has been spotted in the area covered either visually by someone on the ground or via Doppler Radar. That means take cover immediately. If you have a basement or a storm shelter in your home that is a good place to go. If you're not sure where to go or what help in determining the best place, checkout the FEMA website at www.fema.gov for detailed information on how to determine the safest place to be.



Words of Wisdom

The wise man does not expose himself needlessly to danger, since there are few things for which he cares sufficiently; but he is willing, in great crises, to give even his life - knowing that under certain conditions it is not worthwhile to live.

[Aristotle](#)

Knowledge is the treasure of a wise man.

[William Penn](#)

Truth often suffers more by the heat of its defenders than the arguments of its opposers.

[William Penn](#)

I am a firm believer in the people. If given the truth, they can be depended upon to meet any national crisis. The great point is to bring them the real facts.

[Abraham Lincoln](#)

We are either in the process of resisting God's truth or in the process of being shaped and molded by his truth.

[Charles Stanley](#)