Keene, New Hampshire holds the Guinness Book of World Records for the largest lit Jack-O-Lantern display ever. Pictured above, the display that won the record in 2013 had 30,581 lit pumpkins.

October 2019

CITER C

The weight of the largest pumpkin ever grown is recorded as 1,810 pounds.

Pumpkins are 90% water.

TANAP TENT

- A Calabara Co

Starbucks has sold more than 200 million Pumpkin Lattes since introducing them in 2013.

The largest pumpkin pie made and on record weighed over 350 pounds.

Bonus Factoid: Pumpkins were once recommended as a cure for freckles.

Contributed by Jme Overstreet



## New Probation Supervisor



Erin Pence

She has been employed with Oklahoma County for 21 years; however, since 2003 she has committed her time and service to the Oklahoma County Sheriff's Department. In 2018, Mrs. Pence was promoted to Sergeant. In October 2019, she applied to the Oklahoma County Juvenile Bureau to become a Probation Supervisor.

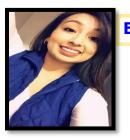
## New Detention Officers





D.O.'s Polley, Hendershot, Hackett, Erienbach, and Mitchell

## **PROMOTIONS & TRANSFERS**



#### Elizabeth Vega promoted to Senior Probation Officer

Delma Harding promoted to Youth Guidance Specialist II



Blanca Juarez promoted to Intake Officer



Mary Prince transferred to Human Resources Generalist

Jonathan White promoted to Intake Officer





Heather Neunlist promoted to Administrative Assistant (Maintenance)

Gene Frantz promoted to Lead Maintenance Worker

Latoya Moore promoted to Training Specialist



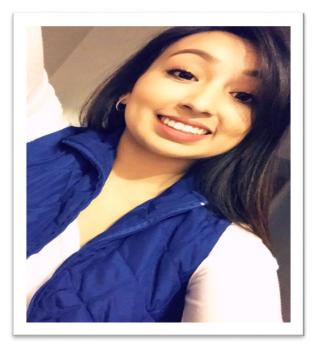




Brooke Smith transferred to Probation Officer

Jeremy Nguyen promoted to Detention Officer I





Elizabeth Vega Senior Probation Officer Court Services Employee of the Quarter October 2019

#### Someone You Should Know

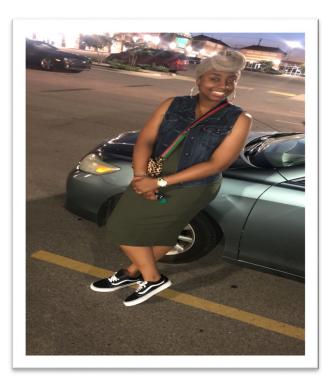
Elizabeth Vega is someone you should know; she was born in Guymon, Oklahoma, but raised in Hooker, Oklahoma (panhandle). She spent her entire life in Hooker and graduated from Hooker High School in 2014. She then went on to graduate from Oklahoma Panhandle State University (OPSU), where she graduated with her bachelors in Criminal Justice. After graduating with her bachelors, Elizabeth returned home to her alma mater Hooker High School as the High School/Junior High Cheer Coach and High School Spanish Aid.

On April 08, 2019, Elizabeth started her career with the Oklahoma County Juvenile Bureau as a Probation Officer I. She quickly caught on to the job and in 6 months promoted to Senior Probation Officer. Elizabeth has been a great help to the Court Services Unit by helping her fellow officers and translating for our Hispanic families. Elizabeth is always willing to help whenever asked, without hesitation. She has adopted the role of not only a probation officer, but also an advocate, and role model in the lives of the youth she encounters.

In her free time, Elizabeth enjoys watching horror movies, trying new places to eat, and exploring the city. She describes herself as a "small town girl trying to make it in the city." She comes from a small town, has great ambition, and a great willingness to learn. Elizabeth displays a positive attitude and a good working knowledge of her caseload.

#### Please join me in congratulating Senior Probation Officer Elizabeth Vega

#### **DETENTION OFFICER OF THE MONTH OCTOBER 2019**



#### **DETENTION OFFICER II JAELYN BERCIER**

Jaelyn Bercier was born in Rayne, Louisiana in the 1995. Jaelyn moved to Oklahoma City and began working with OCJDC one year ago. She absolutely enjoys working with juveniles and wants each juvenile to reach their full potential in life. Jaelyn will be attending Rose State University, majoring in Criminal Justice next semester. In her free time she enjoys yoga, reading poetry and thrift shopping.

Officer Bercier looks forward to continuing her career with OCJDC and extends her gratitude to all of her coworkers who have made detention a great place to work. She is always willing to go above and beyond the call of duty with assisting her co-workers and supervisors. She has truly stepped up to the plate and assisted with running shift and training new officers. She has established a great working rapport with all residents as well as all detention staff. Officer Bercier never complains about her tasks and maintains a positive attitude daily. She comes to shift ready to work and makes sure we have correct paperwork before leaving. Officer Bercier is a great role model for our residents and is a pleasure to work with.

#### Congratulations to Jaelyn Bercier for being Detention Officer of the Month for October 2019!

#### **Shawn Clewis, Probation Officer II**

Judge Johnson extended her appreciation to Mr. Shawn Clewis for going above and beyond by taking the time to provide guidance and insight to a young man, possibly saving him from going down the wrong path. Mr. Clewis not only took this young man and his parents on a tour of the Oklahoma County Juvenile Bureau and a holding cell, he also explained in great detail what happens when a youth gets arrested. He explained the process of what it is like being held in detention, attending court and working through the probation system – giving this young man a glimpse into the world of juvenile delinquency and the consequences of violating the law.

#### Kudos

Kudos to the **Maintenance Team** who completed the many work orders that I made to get my new office just right.

Michelle Boivin

Kudos to **Alecsis Davis, Elizabeth Rose and Shirley Walker**....have such a good time at OJDA with y'all!! Lots of laughs and team bonding.

Kudos to **11-7 Staff**...Thank you all for your hard work!! It takes a TEAM to get the job done and you guys ROCK!!

Kudos to Janet Clincy...thank you for EVERYTHING you do!! You're doing GREAT!!!

Kudos to **Haji Hamin and Tommy Brown**...Thank you for the positive reinforcement...it truly means a lot to have the support from you guys.

Erica M Christner

Kudos to **All the Supervisors** for making this month's payroll a success, but especially to **Andre Hayes** for his great work on Executime this month!! You did such a great job!

Kudos to **Keisha Kearney** for completing her first payroll run! You're doing amazing!

Kudos to John Black for always putting up with my schedule changes!

Kudos to **All Detention Officers** who will take time away from their families this holiday season to perform their duties. I appreciate you. Thank you for making that sacrifice so the residents and the community can be safe!

Hannah Dix

Kudos to **Dorinda Berry and Donna Hampton** for the EXEMPLARY TEAMWORK they have shown in working with the cashier and depository duties. You both are "ABOVE AND BEYOND"!!!!! Thank you so very much for working together to get the job done and shining a bright light, in my eyes, on the Business Department as a whole. I am much appreciative! You ladies ROCK!!!

Kudos to **Mary Prince f**or your diligence in getting OCJB's business to and from the many departments downtown each day while keeping up with your own busy schedule. I personally say "Thank you"! And let me also say "Thank You" on behalf of OCJB!

Valerie Lee

Kudos to **Mrs. Jackson, Ms. Bercia, Ms. Chism, Mr. Mugisha, Mr. Noble, Ms. Dotson, and lastly Ms. Coleman** for volunteering their time to become our YES Connectors. We appreciate you guys and all of the things you do in detention for our residents. We appreciate you guys for being innovative and willing to go the extra mile.

Mr. Windham and Ms. Harding







Congratulations to Claudia Riera-Butron, on her new life journey, she married her best friend Riley Finn on 10/31/2019.

#### Kudos

Kudos to Nicole Mullins, Jennae Hodge, Kim Tomes, Virginia Cloud, Candice Brittain, Rhonda Jackson, Hajr Hamin, Hannah Dix, Brooke Smith, Kori Garrett, and J'me Overstreet for donating candy to make detention's Halloween celebration a success!

Kudos to **Dr. Thomas** for working with OU towards beginning a counseling internship program in detention.

Kudos **to Antonio Windham** for planning fun, Halloween themed activities for the kids all month and for getting pumpkins donated for the kids to paint.

Kudos to **Ms. Bercier, Ms. Forkel, and Ms. R. Jackson** for donating the paint and supplies we needed to decorate them. Kudos to everyone who helped out with the activity schedule when the kids were on fall break. Thank you!!

Kudos to **Hajr Hamin, Winnie Strong, Elizabeth Rose, Nicole Mullins, and Andre Hayes** for completing training and becoming TBRI practitioners! Kudos to Ms. Harding for leading the first staff nurture group and to Ms. Hamin for the idea.

Erin McConnell

### **Celebrating September and October Birthday's**



Madelinn Ensign, David Swann, Winnie Strong, Matthew Hankins and Elizabeth Vega



University of Central Oklahoma Criminal Justice Day 10/11/2019



## **TBRI AT WORK**

Staff learn how to conduct and participate in a nurture group during "All Hands" meeting held on October 10, 2019.



**"Blurred Visions"** represent to us that when we have many different adversities that may feel overwhelming and broken, remember that at the end of the chaos and struggles we become unique Master pieces. The white shirts represent us when we were pure. The colors represent different hurtful situations. When we completed the tie-dye shirts they were a beautiful unique Master piece.





























































Díd you know that Elderberry may be effective against cold and flu symptoms?



Recent clinical trials assessing the effectiveness of black elderberry for cold or flu symptoms are concluding that elderberry supplementation at the onset of symptoms can significantly reduce the duration and severity of upper respiratory symptoms. The effects of elderberry have been found to be more beneficial for the flu but benefits are being seen for the common cold. Black elderberry, also known as Sambucus, contains plant compounds know as anthocyanins which have been shown to have antiviral activity and to support healthy immune function. What do we believe in?

#### **OUR VALUES**

Collaboration-Together Everyone Accomplishes More Family-It takes a Village Integrity-Do the right thing Youth Potential-Believe in their future Education-Knowledge is power Accountability-No excuses, get it done Persistence-Never give up; fall seven times get up eight Innovation-Think outside the box Diversity-Not my way, not your way, "OUR" way

Where do we WANT to end up? What is the ultimate goal?

#### **OUR VISION**

The OCJB is an organization of professionals dedicated to serving the at-risk youth of Oklahoma County by identifying and delivering services that will support their long-term success.

The OCJB takes a leadership role in advocating at all levels of government, with the private sector, and the community at large to provide the services necessary to support the success of at-risk youth of Oklahoma County.

We will come to work each day with their futures in mind. Their success is our success.

## **Make Your Voice Heard!**

The Oklahoma County Juvenile Bureau will be conducting an Employee Satisfaction Survey beginning December 2<sup>nd</sup> and continuing through December 14<sup>th</sup>. The surveys will be anonymous unless you wish to identify yourself for further follow-up questions about your remarks. You may complete the survey on paper, by computer, or on your smartphone. The surveys will be available online and also distributed at each Detention shift briefing. A stack of paper copies will be placed within both Detention and Administrative Breakrooms. All surveys will be reviewed by the Executive team and the results will be shared at our next All Hands Meeting.

Please mark these dates on your calendar so we can all continue to implement positive changes for our work environment! The Oklahoma County Juvenile Bureau cordially invites you to our

## ANNUAL HOLIDAY PARTY

December 13, 2019 2:00PM to 4:00PM

**Detention D-Commons Area** 

Please join us in celebrating this holiday season! Lunch will be provided by the employee jeans fund. During the event, awards will be given out the special commendations as well as tenure. Please mark your schedules for this special event.

# HAPPY FRIENDSGIVING

Please join us for a Friendsgiving Potluck! Please bring a dish and join in on the festivities! There will also be a crockpot cook-off, with prizes for the best dish.

11/15/19 | 2:00PM | Det. Library





Email Overload! Contributed by J'me Overstreet

Are you tired of receiving and sending so many emails? Are you frustrated that many of your emails aren't read or aren't responded to? Check out these email facts and statistics.

#### <u>Email Facts</u>

The first email system was developed in 1971, and over half of the world population uses email in 2019

Each day, the average office worker receives 121 emails

The average amount of overall emails opened on desktop computers is 16%, on mobile devices is 55.6%, and on webmail is 28%

The open rate increases by 17% when the subject line is personalized

42% of Americans admit to checking email in the bathroom, and 50% do so while in bed

90% of workers check their personal email at least every few hours

Email click rates increase by up to 300% if a video is included

The best times to send emails are 10:00 a.m. or between 8:00 p.m. and midnight; the best days are Thursday and Sunday

#### Email Etiquette

Include a clear, direct subject line

Think twice before hitting 'reply all', no one wants to read emails from 20 people

Include a signature block

Use exclamation points only to convey excitement

Be cautious with humor, it can easily get lost in translation

Reply to every email message

Keep tabs on your tone

Nothing is confidential, so write accordingly



The first tornado warning and first tornado forecast in the U.S. happened at Tinker Air Force Base in 1948

The name "Oklahoma" comes from the Choctaw language and it means "red people"

Oklahoma's state meal was declared in 1988 as black-eyed peas, chickenfried steak, okra, squash, corn on the cob, cornbread, barbecue port, biscuits, sausage and gravy, grits, strawberries and pecan pie

More than 200 man-made lakes, more than any other state

Sooners or Cowboys, never both

Catfish might as well be a food group

Four seasons are often seen in a single day



Open Enrollment is here! The month of November is open enrollment for any Oklahoma County Benefits. If you're wanting to enroll or make any changes to your current benefits package, the Oklahoma County Benefits Department will be on-site on Tuesday, November 19 from 7:00AM to 1:30PM in the 4th Floor Conference Room. You may also contact the benefits department at 405-713-2249.

The Health Insurance Rates will be decreasing for 2020! Single Coverage is dropping to \$159.00 per month. Family coverage is dropping to \$374.00 per month. Some benefits included with County Health Insurance are the following:

-Premise Health Clinic: Zero out-of-pocket costs for all acute care illnesses (common illnesses, minor injuries, chronic disease man agement)

-Rivus Wellness & Research Institute: Zero out-of-pocket costs for extensive mental health, pain management, and wellness services.



#### MOTIVATIONAL INTERVIEWING

**RESIST telling them what to do:** Avoid telling, directing, or convincing your friend about the right path to good health.

**UNDERSTAND** their motivation: Seek to understand their values, needs, abilities, motivations and potential barriers to changing behaviors.

**LISTEN with empathy:** Seek to understand their values, needs, abilities, motivations and potential barriers to changing behaviors.

EMPOWER them:

Work with your friends to set achievable goals and to identify techniques to overcome barriers.

#### **MOTIVATIONAL INTERVIEWING** (Improve your interviewing skills)

R

#### Using Closed-Ended Questions (simple yes/no or one answer) vs. Using Open-Ended Questions (provides more detailed answers)

- ⇒ Is/are? Is your drinking a problem for you? vs. How has drinking interfered with important areas of your life?
- ⇒ Do/did? Do you get along with your parents? vs. Describe your relationship with your parents?
- ⇒ When? When did you begin using marijuana? vs. Explain your use of marijuana over the past year?
- $\Rightarrow$  Who? Who are your closest friends? vs.
  - Tell me about your circle of friends?

#### **Using Affirmations**

You showed some real courage when you... That showed some real commitment from you to accomplish...

#### **Using Reflections**

Simple/Repeat: restating a person's exact words adding little or no meaning. Complex/Rephrase: altering a person's words in your own words using meaning.

#### **Using Summarizations**

Let me see if I understand so far... Here is what I've heard, tell me if I've missed anything.

#### Actually Interesting Facts About The Postal Service

#### **Redbook**—Jessica Booth

The post office is the second oldest federal department in the United States. The Post Office Department was <u>founded in 1775</u> by the Founding Fathers, making it the second oldest federal department. The Second Continental Congress wanted a "postmaster General" to hold office in Philadelphia, and the postal service was born.



Benjamin Franklin was the first Postmaster General. The committee that <u>created the Postal Service</u> consisted of Benjamin Franklin, Sam Adams, Richard Henry Lee, Philip Livingston, Thomas Lynch and Thomas Willing. They mainly handled communication between Congress and the armies at that time. Franklin was the first Postmaster General, and our present postal service comes from the system he created.

George Washington was on the first stamps. America's first president was <u>the first one</u> to be on general-issue stamps that were released in 1847, and since then, he's been on more stamps than any other person.

Mailboxes weren't blue until 1971. It wasn't until 1971 that the postal service started to <u>paint their mailboxes blue</u>, which is how we know them know. Before that, they were all different colors, including army-olive green after World War I.

The postal service employs more than 7.5 million people. The U.S. postal service is the reason more than <u>7.5 million people</u> have jobs. The mailing industry brought in \$70.6 billion in operating revenues in 2018. The postal service employs more than <u>100,000 military</u> <u>veterans</u>. They've also honored the military by issuing more than 140 stamps inspired by

Owney the dog is the post office's unofficial mascot. <u>Owney</u>, often known as "Owney, the well-traveled terrier" is the unofficial mascot of the post office. He was found abandoned at the Albany post office in 1888 and stuck around, only allowing uniformed postal workers to touch him. In 2011, he was honored with a <u>commemorative stamp</u>.



Postal workers really do get bit by dogs often. In 2016, it was reported that over <u>6,700 postal employees</u> had been attacked by dogs nationwide. The most dog attacks happened in Los Angeles.

The oldest post office in the U.S. is in New Hampshire. The oldest continuously operating post office is the <u>Hinsdale Post Office</u> in Hinsdale, New Hampshire. It had been a general store before it was converted into a post office in 1816.



Booker T. Washington was the first African-American on a stamp. In April 1940, the Post Office Department issued a stamp to honor <u>Washington</u> as part of its Famous Americans Series. It was the first stamp featuring an African-American and holds a place in American history.

#### Actually Interesting Facts About The Postal Service

**Redbook**—Jessica Booth

The first post office was in a bar. The first post office, <u>established</u> in 1639 in colonial America, was in Boston, in a tavern that sold "strong water" A man named Richard Fairbanks had established it.

Recipients used to be the ones who paid for stamps. Back in the day, recipients, not senders, <u>had to pay for postage</u> stamps on letters they received. This was a problem because a lot of people would refuse letters so they didn't have to pay for them, and the post office had to spend more time returning them. In 1847, postage stamps that were prepaid were introduced in America to fix the problem.

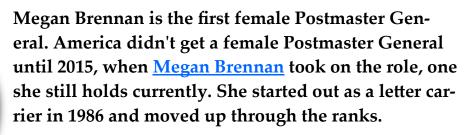
The Postmaster General has a higher salary than the U.S. Vice President. The Postmaster General is the second <u>highest-paid federal</u> government employee after the U.S. president. The Postmaster General makes \$276,840 per year, while the president's salary is

The postal service does not have an official motto. A lot of people think that the U.S. postal service has this <u>official motto</u>: "Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds." While those words are engraved on the front of the New York City 1912 James A. Farley Post Office, they were taken from a book and refer to messengers in the ancient Persian Empire.

#### They do not use any tax dollars. The postal service receives <u>zero tax dollars</u> for operating expenses. Instead, they rely on the sale of postage, products, and services to fund

#### There is a facility just for dealing with bad handwriting.

There are actually experts who decipher horrible handwriting — the Remote Encoding Center in Salt Lake City gets all of the hard-toread mail that can't be figured out by automated mail sorters. There are 1,000 workers who can translate scribble in an average of four seconds.









#### **Congratulations To Our New TBRI Practitioners**



Hajr Hamin, Winnie Strong, Andre Hayes, Elizabeth Rose, Nicole Mullins, Lenora Burdine

#### **Empowered to Connect**



The Bureau hosted our first Employee Nurture Group Friday October 11th

Hajr Hamin, Tommy Brown, Emily Fees, Delma Harding, Winnie Strong, Madelinn Ensign, Antonio Windham, Erin McConnell, David Swan and Nicole Mullins

## The Oklahoma County Juvenile Bureau Fall Festival





Fun, Laughter and Loving Memories













#### **Historic All-Female Spacewalk**

Astronauts who took part in the first all-female spacewalk are still uplifted by all the excitement down on Earth.



International Space Station resident Jessica Meir (mere) stated on Monday when she floated outside last week, she wasn't thinking about whether she was going out with a man or woman because everyone is held to the same standard. She says it was extra special being accompanied by Christina Koch (cook). Meir and Koch have been training together for more than six years and were both selected as astronauts in 2013. Their astronaut class was the first to include 50% women and 50% men.

Christina stated knowing so many were so excited about two women spacewalking together "just added to the moment" during Friday's event. She says it was "uplifting" to have the opportunity to inspire future explorers. Perhaps in the coming weeks or months they might go out together for more battery work.

Koch and Meir are included in the list of <u>12 women</u> that could be the first female astronaut on the moon in 2024.